Planner

2425



(About This Planner)

Leiden University College is a place where you can create your own learning journeys. It is full of opportunities for you to choose from. But it can be challenging to navigate through these decisions. For this reason, Learning Mindset together with LUC staff and students, designed a LUC planner with some functions and tools that help you to take charge of your learning and learning journeys.

Some functions you may recognize from other agendas, like planning your weeks, Blocks and to-do's. **The planner follows your academic year** and each LUC Block has its own color:

Block 1 Block 2 Block 3 Block 4 Breaks

But we have also added elements that make this planner **unique**:

We have space reserved for you to **reflect** on what you want to get out of the year, the block, and your specific courses. There is a section for follow-up reflection on how it went for you.

We have included some tools to help you **choose and organize** your courses with a course schedule page and an assignments block schedule.

Finally, and arguably most uniquely, we have included **prompts** every week (top-right corner of each week's spread) that challenge you to engage with the cycle of learning: goal setting, practice, feedback, and generating next steps. We believe that if you engage with these weekly questions and do these easy and fun exercises, by the end of the year you will have made tremendous progress in developing key life and learning skills. And more importantly, you will have learned a lot about yourself in the process. Give it a try! We think you will be amazed at the results.

To learn more about the power of autonomous learning and our method for achieving it, visit: www.learningmindset.org

Useful Numbers

Medical and Safety

On-Campus Accidents

Call the ground floor reception for assistance: 070 800 94 60

Local Police Office (non-life-threatening)

0900 - 8844 Address: Vlaskamp 1, The Hague

Urgent After-Hours Doctor

for non-life-threatening medical care that cannot wait until office hours: Hadoks: 070 346 96 69 (Costs will be charged on your medical insurance)

Suicide Prevention

113 or 0800 - 0113 (free and anonymous, open 24/7)

Sexual Assault Center

0800 - 0188 (free and anonymous, open 24/7)

LUC Student Support

RA on call during term time (weekdays 7pm-8am, weekends any time: 06-28287992)

Building

On-Campus Issues

Call the ground floor reception for assistance: 070 800 95 07

In case of emergencies call 070 800 94 60

Building owner's contractor after hours emergency number: 088 186 94 80 For non-urgent requests: contact RA on call during term time: 06-28287992

Clogged Drains

Riool Reinigings Service RRS: 070 336 88 88

Urgent Repairs

DUWO Vastgoed service: 015 251 67 00

Need Help?

Problem	Who can help?
Repairs in your room	You can request a repair through DUWO. To do this scan the QR code in the elevators.
Laundry machine not working	Try pressing "7" until it works. If it's still broken, contact Vastgoedservice: +31152516700 info@vastgoedservice.nl
Internet not working	Try to turn it off and on again. If it's still not working, contact the ITT desk: +31884117788 support@ittdesk.nl
Contract/rent issues	Contact DUWO through the form or phone number on www.duwo.nl
Issues with course load, extenuating circumstances, study plan, absences, etc.	Email the study advisor or make an appointment at studyadvisor@luc.leidenuniv.nl
Issues with mental health and wellbeing	Contact your RA (RA on call: 06-28287992), the Student Life Counsellors (slc@luc.leidenuniv.nl) or the Student Life Officer (slo@luc.leidenuniv.nl)
Dutch bureaucracy (e.g. applying for benefits/ tax waivers)	Visit http://uniaid.wixsite.com/website for instructions on how to apply for benefits. Visit https://jiphaaglanden.nl/en/ for help with financial and bureaucratic matters.

Academic Year

24/25

Block 1

Block 3

Break

Block 2

Block 4

● Holidays*

		Sep	tem	ber		
М	Т	W	Т	F	S	S
26	27	28	29	30	31	01
02	03	04	05	06	07	08
09	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	01	02	03	04	05	06

October								
М	Т	W	Т	F	S	S		
30	01	02	03	04	05	06		
07	08	09	10	11	12	13		
14	15	16	17	18	19	20		
21	22	23	24	25	26	27		
28	29	30	31	01	02	03		
04	05	06	07	08	09	10		

	November									
į	M	Т	W	Т	F	S	S			
	28	29	30	31	01	02	03			
	04	05	06	07	08	09	10			
	11	12	13	14	15	16	17			
	18	19	20	21	22	23	24			
	25	26	27	28	29	30	01			
	02	03	04	05	06	07	08			

	December									
M	Т	W	Т	F	S	S				
25	26	27	28	29	30	01				
02	03	04	05	06	07	08				
09	10	11	12	13	14	15				
16	17	18	19	20	21	22				
23	24	25	26	27	28	29				
30	31	01	02	03	04	05				

	January									
М	Т	W	Τ	F	S	S				
30	31	01	02	03	04	05				
06	07	08	09	10	11	12				
13	14	15	16	17	18	19				
20	21	22	23	24	25	26				
27	28	29	30	31	01	02				
03	04	05	06	07	08	09				

March								
M	Т	W	Т	F	S	S		
24	25	26	27	28	01	02		
03	04	05	07	08	08	09		
10	11	12	14	15	15	16		
17	18	19	21	22	22	23		
24	25	26	27	28	29	30		
31	01	02	03	04	05	06		

May									
Μ	Τ	W	Τ	F	S	S			
28	29	30	01	02	03	04			
05	06	07	08	09	10	11			
12	14	15	15	16	17	18			
19	21	22	22	23	24	25			
26	27	28	29	30	31	01			
02	03	04	05	06	07	08			

July									
M	Т	W	Т	F	S	S			
30	01	02	03	04	05	06			
06	08	09	10	11	14	15			
15	15	16	17	18	21	22			
22	22	23	24	25	27	28			
28	29	30	31	01	02	03			
04	05	07	08	08	09	10			

	February										
M	Т	W	Т	F	S	S					
27	28	29	30	31	01	02					
03	04	05	06	07	08	09					
10	11	12	13	14	15	16					
17	18	19	20	21	22	23					
24	25	26	27	28	01	02					
03	04	05	06	07	08	09					

April									
М	Т	W	Т	F	S	S			
31	01	02	03	04	05	06			
07	08	09	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	01	02	03	04			
05	06	07	08	09	10	11			

	June								
М	Т	W	Т	F	S	S			
26	27	28	29	30	31	01			
02	03	04	05	06	07	08			
09	10	11	12	13	14	15			
16	17	18	19	20	21	22			
23	24	25	26	27	28	29			
30	01	02	03	04	05	06			

August						
M	Т	W	Т	F	S	S
28	29	30	31	01	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
01	02	03	04	05	06	07

Monday	Tuesday	Wednesday	Thursday
(12)		(14) Move-in day	Move-in day
To-do:	To-do:	To-do:	To-do:

August '24

Friday	Saturday	Sunday	Notes
(16) Start of Intro Week	17)	(18)	
To-do:	To-do:	To-do:	

Intro Week

Monday	Tuesday	Wednesday	Thursday
(19)	20	21)	(22)
To-do:	To-do:	To-do:	To-do:

August '24

Friday	Saturday	Sunday	Notes
23)	(24)	(25)	
To-do:	To-do:	To-do:	

Block 1

Monday	Tuesday	Wednesday	Thursday
Aug 26	27	28	29
02	03	04	05
09	10	11	12
16	17	18	19
23	24	25	26
30	Oct 01	02	03 Leiden Relief
07	08	09	10
14	15	16	17
21	22	23	24

Friday	Saturday	Sunday	
30	31	Sep 01	Week 1
06	07	08	Week 2
13	14	15	Week 3
20	21	22	Week 4
27	28	29	Week 5
04	05	06	Week 6
11	12	13	Week 7
18	19	20	Week 8
25	26	27	Break

Class Schedule

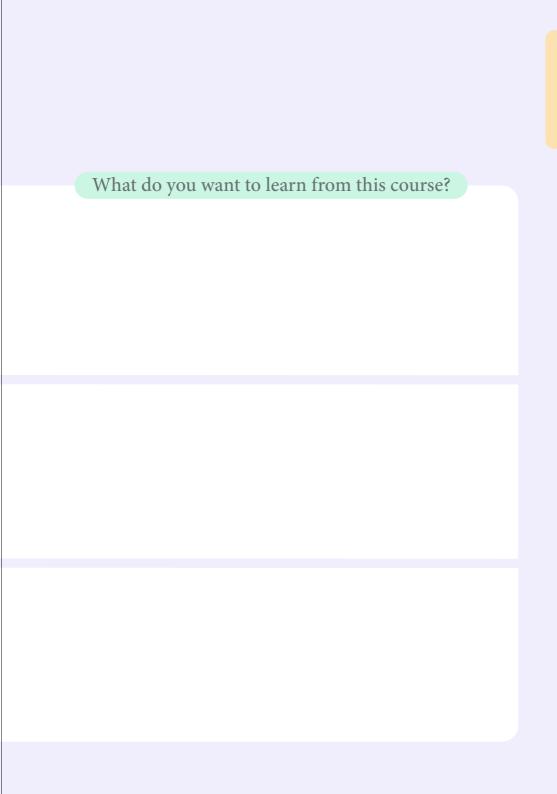
	Monday	Tuesday
09:15 - 11:00	Room:	Room:
11:15 - 13:00	Room:	Room:
13:15 - 15:00	Room:	Room:
15:15 - 17:00	Room:	Room:
17:15 - 19:00	Room:	Room:

Wednesday	Thursday	Friday
Room:	Room:	Room:
Room:	Room:	Room:
Room:	Room:	Room:
D	D	D
Room:	Room:	Room:
Room:	Room:	Room:

Make This Course Your Own

To help you get the most out of your courses, on these pages you can think about what **you** want to get out of your courses.

Course	Why did you choose it?
	, ,



Block 1 Assignments

Here we created some space to get the assignments out of your head and on the paper. This way you can make sure that you start in time and never miss a deadline. Good luck, you got this!

Assignment	Deadline
Week 1:	
Neek 2:	
Neek 3:	
Week 4:	
YYCCR 1.	

Assignment	Deadline
Week 5:	
Week 6:	
Veek 7:	
Week 8:	

Block 1 Week 1 August '24

Monday	Tuesday	Wednesday	Thursday
26	27)	28	29)
To-do:	To-do:	To-do:	To-do:

On a blank page, write down all the things you have to do - short-term and long-term. Try to fill the page with as many things as possible.

September '24

Friday	Saturday	Sunday	Notes
30)	(31)	01)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
(02)	03	(04)	05)
To-do:	To-do:	To-do:	To-do:

Can you describe two different versions of yourself in 10 years that both would make you happy and proud?

Friday	Saturday	Sunday	Notes
06)	07)	08)	
To-do:	To-do:	To-do:	

M 1	T1	XA7- 1 1	TI1
Monday	Tuesday	Wednesday	Thursday
09	(10)	(11)	(12)
To-do:	T- 1-	T- 1-	T- 1-
10-00:	To-do:	To-do:	To-do:

	the next timing you was		September 24
Friday	Saturday	Sunday	Notes
	(14)	(15)	
To do.	To do.	To do:	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
(16)	(17)	(18)	19)
To-do:	To-do:	To-do:	To-do:

When was the last time you took a risk and learned something? Describe it.

Friday	Saturday	Sunday	Notes
20)	(21)	222	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
23)	24)	25)	26
77. 1	77. 1	77 1	T 1
To-do:	To-do:	To-do:	To-do:

What was your most recent failure? Did you learn from it? What did you learn?

Friday	Saturday	Sunday	Notes
27)	28)	29)	
T- 1-	T- 1-	T- 1-	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
(30)			(03)
(30)	01)	02	Leiden Relief
To-do:	To-do:	To-do:	To-do:

Think again about your most recent failure - how did you feel when it happened? Is that how you would like to feel about failing?

October '24

			October 24
Friday	Saturday	Sunday	Notes
(04) Holiday	(05)	06	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
07)	08)	09)	(10)
To-do:	To-do:	To-do:	To-do:
15 45.	10 00.	10 00	10 40.

Choose something you want to get better at and ask a generative AI how you can assess your progress towards this goal.

October '24

Friday	Saturday	Sunday	Notes
	(12)	(13)	
To-do:	To-do:	To-do:	

Block 1 Reading Week

Monday	Tuesday	Wednesday	Thursday
_			_
(14)	(15)	(16)	(17)
To-do:	To-do:	To-do:	To-do:

While navigating all your deadlines, try to see the assignments as opportunities for you to learn - not just performance moments to get an A. October '24

			October 21
Friday	Saturday	Sunday	Notes
18	19	20	
To-do:	To-do:	To-do:	
10-40.	10-00.	10-00.	

Make This Course Your Own

At the beginning of the block you set your own learning objectives for your courses. Now it's time to look back and reflect!

Course	How did it go?

What are your main takeaways from this course?

Take-aways

How did the block go for you?	

What do you take away to the next block?	

Monday	Tuesday	Wednesday	Thursday
(21)	(22)	23)	(24)
To-do:	To-do:	To-do:	To-do:

While you're unwinding, make a list of the things you want to do this month and rank them in order of priority.

October '24

			October 21
Friday	Saturday	Sunday	Notes
25)	26)	27)	
m 1	m 1	m 1	
To-do:	To-do:	To-do:	

Block 2

Monday	Tuesday	Wednesday	Thursday
Oct 28	29	30	31
04	05	06	07
11	12	13	14
18	19	20	21
25	26	27	28
02	03	04	05
09	10	11	12
16	17	18	19
23	24	25	26

Friday	Saturday	Sunday	
Nov 01	02	03	Week 1
08	09	10	
08	09	10	Week 2
15	16	17	
			Week 3
22	23	24	Week 4
			WCCR 1
29	30	Dec 01	Week 5
06	07	08	
	07		Week 6
13	14	15	
			Week 7
20	21	22	TA71- 0
			Week 8
27	28	29	Break
			Dicuit

Class Schedule

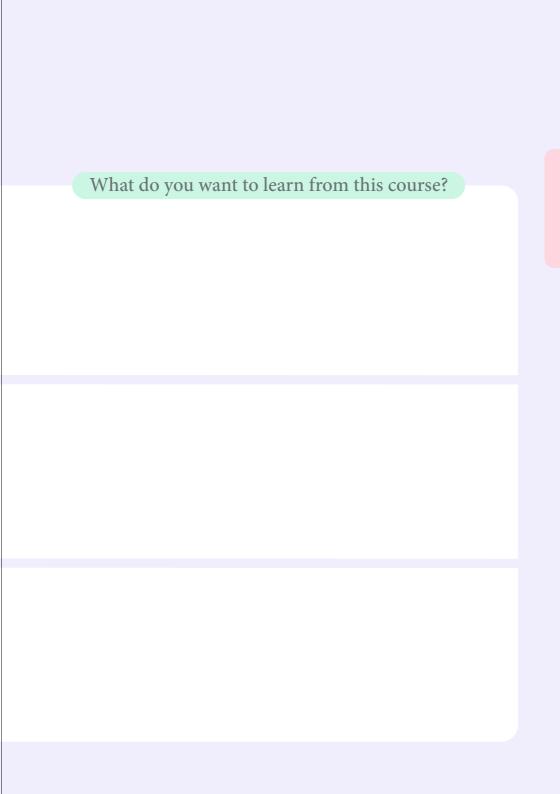
	Monday	Tuesday
09:15 - 11:00	Room:	Room:
11:15 - 13:00	Room:	Room:
13:15 - 15:00	Room:	Room:
15:15 - 17:00	Room:	Room:
17:15 - 19:00	Room:	Room:

Wednesday	Thursday	Friday
Room:	Room:	Room:
Room:	Room:	Room:
Room:	Room:	Room:
Room:	Room:	Room:
	'	
Room:	Room:	Room:

Make This Course Your Own

To help you get the most out of your courses, on these pages you can think about what **you** want to get out of your courses.

Course	Why did you choose it?



Block 2 Assignments

Here we created some space to get the assignments out of your head and on the paper. This way you can make sure that you start in time and never miss a deadline. Good luck, you got this!

Assignment	Deadline
Week 1:	
Week 2:	
Week 3:	
Week 4:	

Assignment	Deadline
Week 5:	
Week 6:	
Week 7:	
Week 8:	

Monday	Tuesday	Wednesday	Thursday
28)	29)	30)	(31)
To-do:	To-do:	To-do:	To-do:

Pick one of your goals and explore your sources of motivation by asking: why do I want this? Try asking "Why?" at least 5 times.

Friday	Saturday	Sunday	Notes
(01)	(02)	(03)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
04)	05)	06	07)
To-do:	To-do:	To-do:	To-do:

			November 24
Friday	Saturday	Sunday	Notes
08)	(09)		
To-do:	To-do:	To-do:	
To do.			

Monday	Tuesday	Wednesday	Thursday
	(12)	(13)	(14)
To-do:	To-do:	To-do:	To-do:

			Trovelliber 21
Friday	Saturday	Sunday	Notes
(15)	(16)	(17)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
(18)	(19)	20	(21)
To-do:	To-do:	To-do:	To-do:

			TVOVEINDEL 24
Friday	Saturday	Sunday	Notes
22	23)	24	
To-do:	To-do:	To-do:	

Block 2 Week 5 November '24

Monday	Tuesday	Wednesday	Thursday
25)	26)	27)	28)
To-do:	To-do:	To-do:	To-do:

December '24

Friday	Saturday	Sunday	Notes
29)	30)	(01)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
(02)	(03)	(04)	(05)
To-do:	To-do:	To-do:	To-do:

December '24

			December 24
Friday	Saturday	Sunday	Notes
06)	07)	08)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
(09)			(12)
To-do:	To-do:	To-do:	To-do:

It is important to know when to "fold" - know when to quit. Is there something in your life that you should quit, right now?

December '24

Friday	Saturday	Sunday	Notes
	(14)	(15)	
To-do:	To-do:	To-do:	

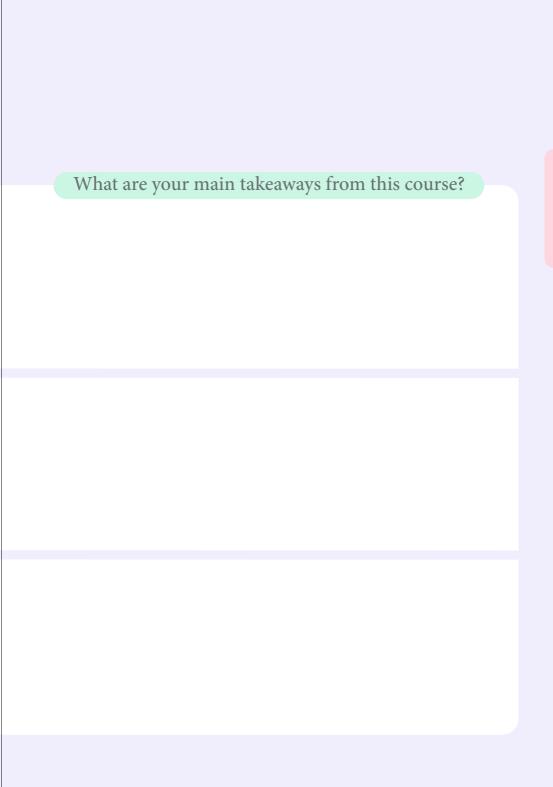
Monday	Tuesday	Wednesday	Thursday
(16)		(18)	19)
To-do:	To-do:	To-do:	To-do:

Friday	Saturday	Sunday	Notes
20)	(21)	22	
To-do:	To-do:	To-do:	

Make This Course Your Own

At the beginning of the block you set your own learning objectives for your courses. Now it's time to look back and reflect!

Course	How did it go?	



Take-aways

Vhat do you take away to the next block?	

Winter

Monday	Tuesday	Wednesday	Thursday
Dec 23	24	25	26
	Christmas Eve	Christmas Day	Boxing Day
		,	3 7
30	31	Jan 01	02
	New Year's Eve	New Year	
06	07	08	09
10			
13	14	15	16
20	21	22	23
20	21	22	23
27	28	29	30
27	28	29	30

Break

Friday	Saturday	Sunday
27	28	29
03	04	05
10	11	12
17	18	19
24	25	26
31	Feb 01	02

Winter Break

Monday	Tuesday	Wednesday	Thursday
23)	(24) Christmas Eve	(25) Christmas Day	26) Boxing Day
To-do:	To-do:	To-do:	To-do:

December '24

Friday	Saturday	Sunday	Notes
27)	28)	29)	
To-do:	To-do:	To-do:	

Winter Break

Monday	Tuesday	Wednesday	Thursday
30)	New Year's Eve	01) New Year's Day'	02
To-do:	To-do:	To-do:	To-do:

Pick one of your New-Year's Resolutions and ask a friend how they were successful in achieving it. Can you learn from their example?

January '25

Friday	Saturday	Sunday	Notes
(03)	(04)	05)	
To-do:	To-do:	To-do:	

Winter Break

Monday	Tuesday	Wednesday	Thursday
06)	07)	08)	09)
To-do:	To-do:	To-do:	To-do:

Do you think you are good at assessing yourself? Do you have blindspots or obvious biases?

January '25

			january 20
Friday	Saturday	Sunday	Notes
10	(11)	(12)	
To-do:	To-do:	To-do:	

Winter Break

Monday	Tuesday	Wednesday	Thursday
(13)	(14)	(15)	16)
To-do:	To-do:	To-do:	To-do:

Try doing absolutely nothing once in a while, really truly nothing. How does it feel?

January '25

Friday	Saturday	Sunday	Notes
	18	(19)	
To-do:	To-do:	To-do:	

Winter Break

Monday	Tuesday	Wednesday	Thursday
20)	(21)	22	23
To-do:	To-do:	To-do:	To-do:

When was the last time you really learned something from feedback you received? Why did this feedback help you?

January '25

Friday	Saturday	Sunday	Notes
(24)	25)	26	
To-do:	To-do:	To-do:	

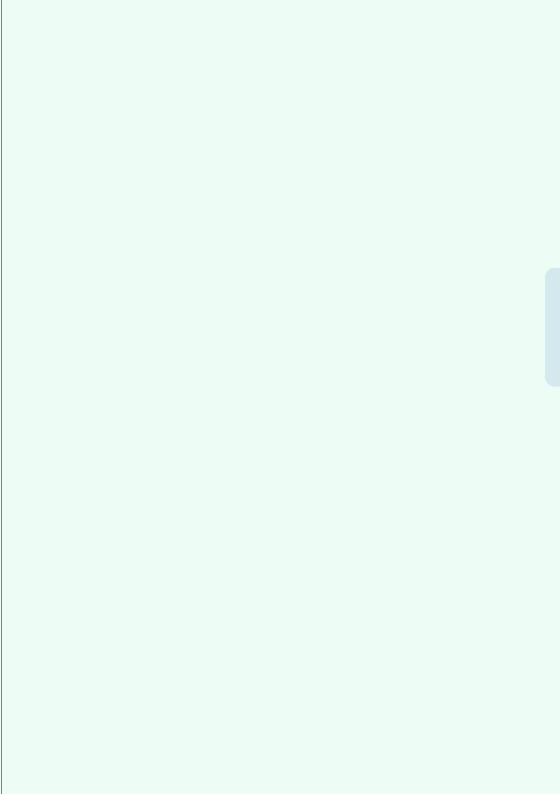
Winter Break January '25

Monday	Tuesday	Wednesday	Thursday
27)	(28)	29)	30)
To-do:	To-do:	To-do:	To-do:

Saturday	Sunday	Notes
01)	02	
To do:	To do:	
10-40.	10-40.	
		(01)

Which Courses Should I Take?

Here is some space for you to think about the courses you want to take. Which courses do you want to take? Which courses do you need to take? Are there any courses that you want to take now so you can take other courses later?



Block 3

Monday	Tuesday	Wednesday	Thursday
Feb 03	04	05	06
10	11	12	13
17	18	19	20
24	25	26	27
03	04	05	06
10	11	12	13
17	18	19	20
24	25	26	27
31	Apr 01	02	03

Friday	Saturday	Sunday	
07	08	09	Week 1
14	15	16	Week 2
21	22	23	Week 3
28	Mar 01	02	
			Week 4
07	08	09	Week 5
14	15	16	Week 6
21	22	23	Week 7
28	29	30	Week 8
04	05	06	Break

Class Schedule

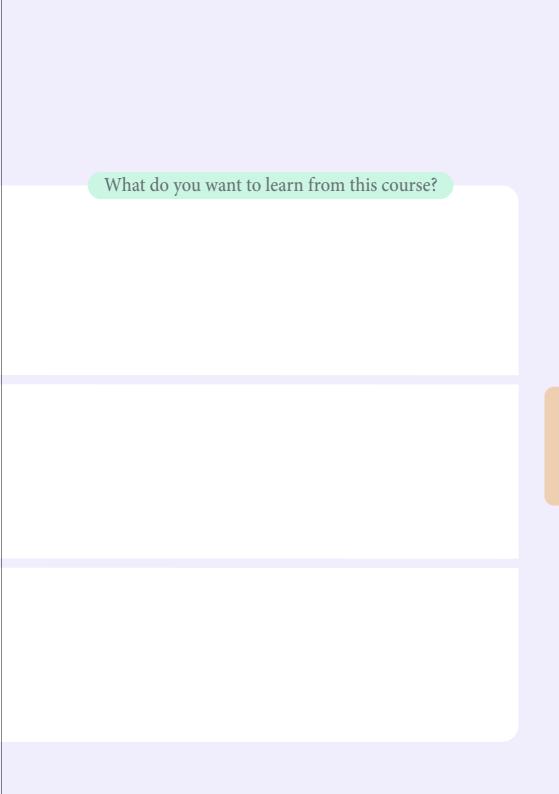
	Monday	Tuesday
09:15 - 11:00	Room:	Room:
11:15 - 13:00	Room:	Room:
13:15 - 15:00	Room:	Room:
15:15 - 17:00	Room:	Room:
17:15 - 19:00	Room:	Room:

Wednesday	Thursday	Friday
Room:	Room:	Room:
Room:	Room:	Room:
Room:	Room:	Room:
Room:	Room:	Room:
	I	1
Room:	Room:	Room:

Make This Course Your Own

To help you get the most out of your courses, on these pages you can think about what **you** want to get out of your courses.

Course	Why did you choose it?
200100	Willy did you offood it.



Block 3 Assignments

Here we created some space to get the assignments out of your head and on the paper. This way you can make sure that you start in time and never miss a deadline. Good luck, you got this!

Assignment	Deadline
Week 1:	
Week 2:	
Week 3:	
THERE S.	
Week 4:	

Assignment	Deadline
Week 5:	
Week 6:	
Week 7:	
Week 8:	

Monday	Tuesday	Wednesday	Thursday
03)	04)	05)	06)
To-do:	To-do:	To-do:	To-do:
10-do:	10-00;	10-00:	10-00:

Do you use generative AI to give you feedback on your work? What are its strengths and weaknesses in generating feedback?

Friday	Saturday	Sunday	Notes
07)	08	(09)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wadnasday	Thursday
Monday	Tuesday	Wednesday	Thursday
(10)	(11)	(12)	(13)
To-do:	To-do:	To-do:	To-do:

Think of a future activity that you want to do really well. Map out all the ways in which you could generate, and ask for, feedback.

Friday	Saturday	Sunday	Notes
(14)	(15)	16)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
17)	(18)	(19)	20)
			_
To-do:	To-do:	To-do:	To-do:

What was your most recent failure? How did you feel when it happened? What did you learn from it?

Friday	Saturday	Sunday	Notes
21)	22	23)	
To-do:	To-do:	To-do:	
10 00.	10 40.	10 00.	

Block 3 Week 4 February '25

Monday	Tuesday	Wednesday	Thursday
24	25)	26	27)
To-do:	To-do:	To-do:	To-do:

Identify something you want to improve about your writing. How can you practice this? Ask a friend, teacher, Google, or AI.

			Warch 25
Friday	Saturday	Sunday	Notes
28)	01)	(02)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
03	04)	05)	06)
m 1	m 1	m 1	m 1
To-do:	To-do:	To-do:	To-do:

What is the next writing assignment you have? Find examples of this kind of assignment and try to learn from them.

			Water 23
Friday	Saturday	Sunday	Notes
07)	08)	09	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
10	(11)	(12)	(13)
To-do:	To-do:	To-do:	To-do:
10 401	10 401	10 401	10 401

Think again about your most recent failure - what could you practice to prevent it in future?

Friday	Saturday	Sunday	Notes
(14)	(15)	(16)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
	(18)	(19)	20
To-do:	To-do:	To-do:	To-do:

How can you most effectively reward yourself for working on your goals?

			Watch 25
Friday	Saturday	Sunday	Notes
(21)	(22)	23)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
24	25)	26	27)
To-do:	To-do:	To-do:	To-do:

Try planning your reading week together with a friend. It will help you stick to your commitments and make studying more fun.

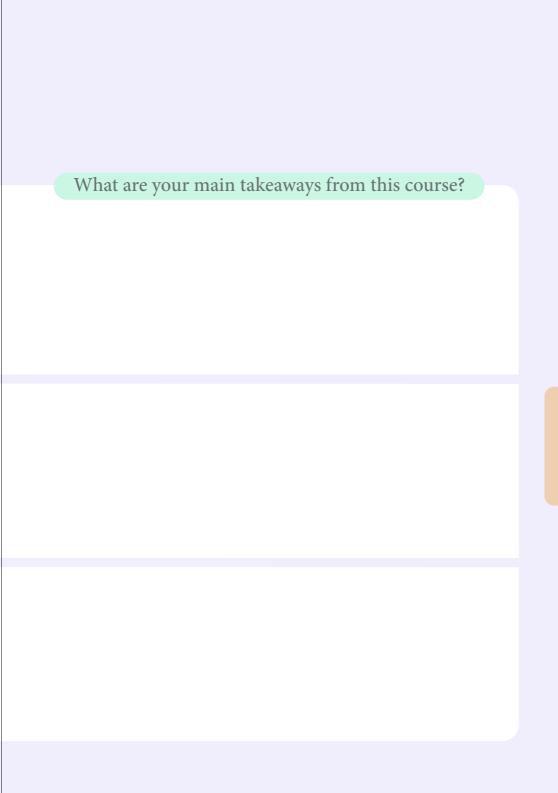
March '25

			Water 23
Friday	Saturday	Sunday	Notes
(28)	29)	30)	
To-do:	To-do:	To-do:	

Make This Course Your Own

At the beginning of the block you set your own learning objectives for your courses. Now it's time to look back and reflect!

Course	How did it go?



Take-aways

How did the block go for you?	, v



Monday	Tuesday	Wednesday	Thursday
(31)	(01)	(02)	(03)
To-do:	To-do:	To-do:	To-do:

Try to share a goal you have with others, to commit yourself to working towards it.

April '25

Friday	Saturday	Sunday	Notes
04)	(05)	(06)	
	1		
To-do:	To-do:	To-do:	

Block 4

Monday	Tuesday	Wednesday	Thursday
Apr 07	08	09	10
14	15	16	17
21 Easter Monday	22	23	24
28	29	30	May 01
05 Liberation Day	06	07	08
12	13	14	15
19	20	21	22
26	27	28	Ascension
02	03	04	05

Friday	Saturday	Sunday	
11	12	13	Week 1
18 Good Friday	19 Holy Saturday	20 Easter Sunday	Week 2
25	26 Kingsday	27	Week 3
02	03	04	Week 4
09	10	11	Week 5
16	17	18	Week 6
23	24	25	Week 7
30 Ascension	31	Jun 01	Week 8
06	07	08 Whitsun	Week 9

Class Schedule

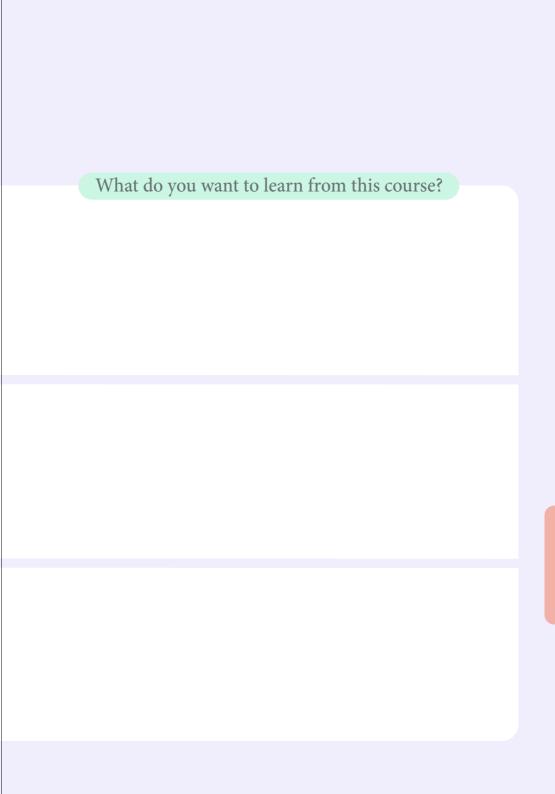
	Monday	Tuesday
09:15 - 11:00	Room:	Room:
11:15 - 13:00	Room:	Room:
13:15 - 15:00	Room:	Room:
15:15 - 17:00	Room:	Room:
17:15 - 19:00	Room:	Room:

Wednesday	Thursday	Friday
Room:	Room:	Room:
Room:	Room:	Room:
Room:	Room:	Room:
Room:	Room:	Room:
Room:	Room:	Room:

Make This Course Your Own

To help you get the most out of your courses, on these pages you can think about what **you** want to get out of your courses.

Course	Why did you choose it?
	,



Block 4 Assignments

Here we created some space to get the assignments out of your head and on the paper. This way you can make sure that you start in time and never miss a deadline. Good luck, you got this!

Assignment	Deadline
Week 1:	
Week 2:	
Week 3:	
Week 4:	

Assignment	Deadline
Week 5:	
Week 6:	
Week 7:	
Week 8:	
Week 9:	

Monday	Tuesday	Wednesday	Thursday
07	08	09	
07)	(08)	(09)	10)
To-do:	To-do:	To-do:	To-do:

April '25

			71p111 23
Friday	Saturday	Sunday	Notes
(11)	(12)	(13)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
14)	15)	16	17)
To-do:	To-do:	To-do:	To-do:

Do you stack your habits, attach new habits to old ones? For example, reading the news while eating your breakfast? Can you think of a new stack you'd like? April '25

Friday	Saturday	Sunday	Notes
(18)	(19)	20)	
Good Friday	Easter Saturday	Easter Sunday	
m 1	m 1	m 1	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
(21) Easter Monday	(22)	(23)	(24)
To-do:	To-do:	To-do:	To-do:

Can you find a buddy with whom you can pursue a shared goal together? How can you support each other?

April '25

Friday	Saturday	Sunday	Notes
(25)	(26)	(27) King's day	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
28	29	(30)	(01)
To-do:	To-do:	To-do:	To-do:
10 00.	10 00.	10 00.	10 00.

Friday	Saturday	Sunday	Notes
(02)	03)	04)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
05) Liberation Day	06	07)	08
To-do:	To-do:	To-do:	To-do:

Think of the last time you received some critical feedback. Were you open to it? What do you need to be more open?

May '25

Friday	Saturday	Sunday	Notes
09)	(10)	(11)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
(12)		(14)	(15)
To-do:	To-do:	To-do:	To-do:

How does feedback make you feel? First describe an example of your emotional reaction to positive feedback, then negative.

May '25

Friday	Saturday	Sunday	Notes
(16)	(17)	(18) Whitsun	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
(19)	20	(21)	(22)
To-do:	To-do:	To-do:	To-do:

May '25

Friday	Saturday	Sunday	Notes
23)	(24)	25)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
26)	27)	28)	29 Accession
To-do:	To-do:	To-do:	To-do:

Try explicitly using feedback you have received before to improve your assignments this Reading Week.

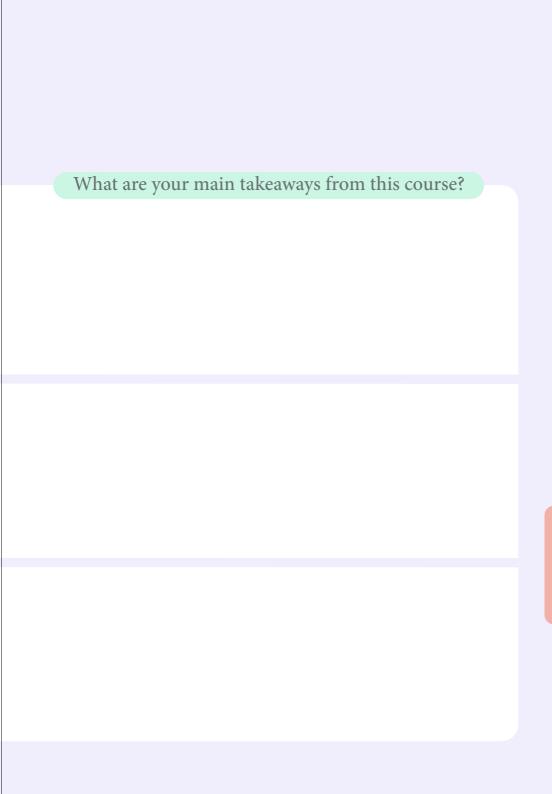
June '25

Friday	Saturday	Sunday	Notes
Accession	(31)	(01)	
To-do:	To-do:	To-do:	

Make This Course Your Own

At the beginning of the block you set your own learning objectives for your courses. Now it's time to look back and reflect!

Course	How did it go?



Take-aways

How did the block go for you?	· ·

What do you take away to next year?	

Block 4 Reading Week/ Summer Break

Monday	Tuesday	Wadnasday	Thursday
Monday	Tuesday	Wednesday	Thursday
(02)	03)	04)	05)
		1	
To-do:	To-do:	To-do:	To-do:

Would it help you to collect all feedback you got this year in one place so that you can you can use it again next year?

June '25

Friday	Saturday	Sunday	Notes
06	07)	08)	
To-do:	To-do:	To-do:	

Summer

Monday	Tuesday	Wednesday	Thursday
June 09 Whitsun	10	11	12
16	17	18	19
23	24	25	26
30	Jul 01	02	03
07	08	09	10
14	15	16	17
21	22	23	24
28	29	30	31
04	05	06	07
11	12	13	14
18	19	20	21

Break

Friday	Saturday	Sunday
13	14	15
20	21	22
27	28	29
04	05	06
11	12	13
18	19	20
25	26	27
Aug 01	02	03
08	09	10
15	16	17
22	23	24

Monday	Tuesday	Wednesday	Thursday
(09)			(12)
To-do:	To-do:	To-do:	To-do:

Summer break! Take a blank piece of paper and write down all your feelings about the past year in university.

June '25

Friday	Saturday	Sunday	Notes
	(14)		
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
(16)		(18)	19)
To-do:	To-do:	To-do:	To-do:

Is there anything you want to learn this summer? How will you learn it?

June '25

Friday	Saturday	Sunday	Notes
20	(21)	22	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
23)	(24)	25)	26
To-do:	To-do:	To-do:	To-do:

Try to spend some time doing absolutely nothing this week. No distractions, just... nothing. How does it feel?

June '25

Friday	Saturday	Sunday	Notes
27)	(28)	29)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
30)	(01)	(02)	03
		1	1
To-do:	To-do:	To-do:	To-do:

Do you think you have enough time to achieve everything you find important in life? If not, what does that mean?

July '25

Friday	Saturday	Sunday	Notes
(04)	05)	06)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
07)	08)	(09)	
To-do:	To-do:	To-do:	To-do:

July '25

Friday	Saturday	Sunday	Notes
(11)	(12)	(13)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
	_		_
(14)		16	
To-do:	To-do:	To-do:	To-do:

Think of a goal that you had during the last academic year, what strategies did you try to make progress? Do you want to change your strategy for next year?

July '25

Friday	Saturday	Sunday	Notes
18)	19)	20	
To-do:	To-do:	To-do:	
10-do:	10-do:	10-do:	

Monday	Tuesday	Wednesday	Thursday
(21)	(22)	23)	(24)
To-do:	To-do:	To-do:	To-do:

Think of a goal that you had during last academic year, how did you get feedback on your progress? Do you want to improve the feedback you get? How?

July '25

Friday	Saturday	Sunday	Notes
25)	(26)	27)	
To-do:	To-do:	To-do:	
10-00:	10-do:	10-do:	

Summer Break

July '25

Monday	Tuesday	Wednesday	Thursday
(28)	29)	30)	(31)
To-do:	To-do:	To-do:	To-do:

Think of a goal that you achieved this month. What larger wish was it contributing to? Do you have another goal to get closer to this wish?

August '25

Friday	Saturday	Sunday	Notes
(01)	(02)	(03)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
(04)	05)	06	07)
To-do:	To-do:	To-do:	To-do:

Have any of your wishes or aspirations or goals changed over the last year? What has changed, and what has stayed the same?

August '25

Friday	Saturday	Sunday	Notes
(08)	09)	(10)	
To-do:	To-do:	To-do:	

Monday	Tuesday	Wednesday	Thursday
(11)	(12)	(13)	(14)
To-do:	To-do:	To-do:	To-do:

The new academic year is coming up soon. Take time to rest, check in with yourself about your priorities, and do what you love.

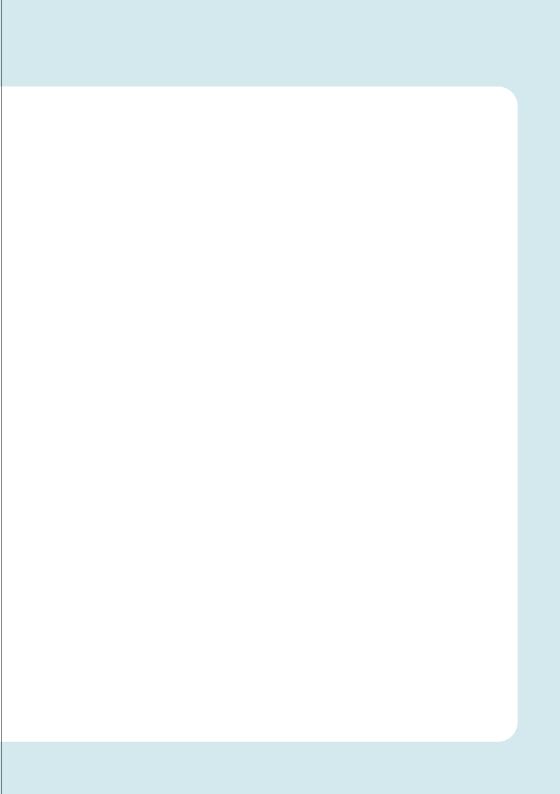
August '25

Friday	Saturday	Sunday	Notes
(15)	(16)	(17)	
To-do:	To-do:	To-do:	

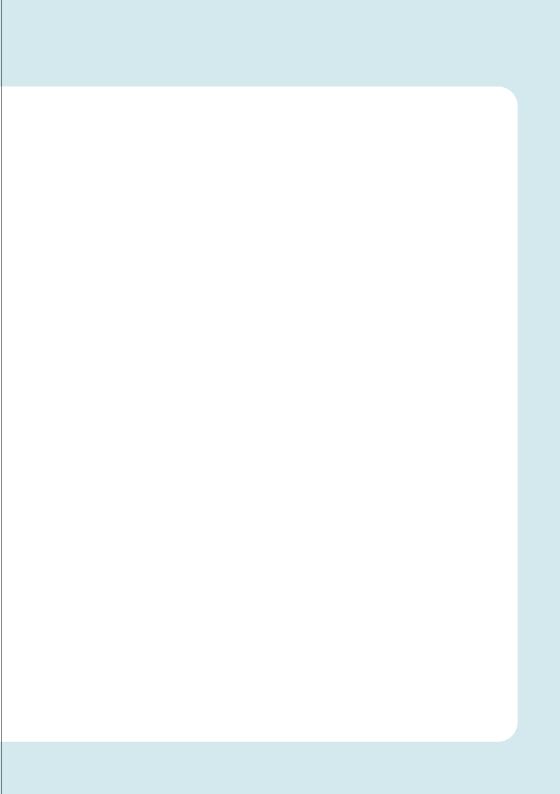
Monday	Tuesday	Wadnasday	Thursday
Monday	Tuesday	Wednesday	Thursday
(18)	(19)	20)	(21)
To-do:	To-do:	To-do:	To-do:

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Friday	Saturday	Sunday	Notes
22)	23)	24	
To-do:	To-do:	To-do:	

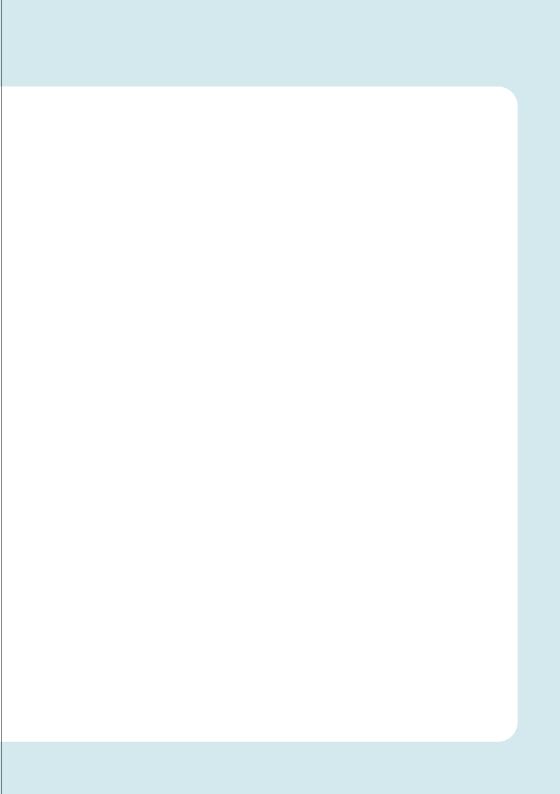




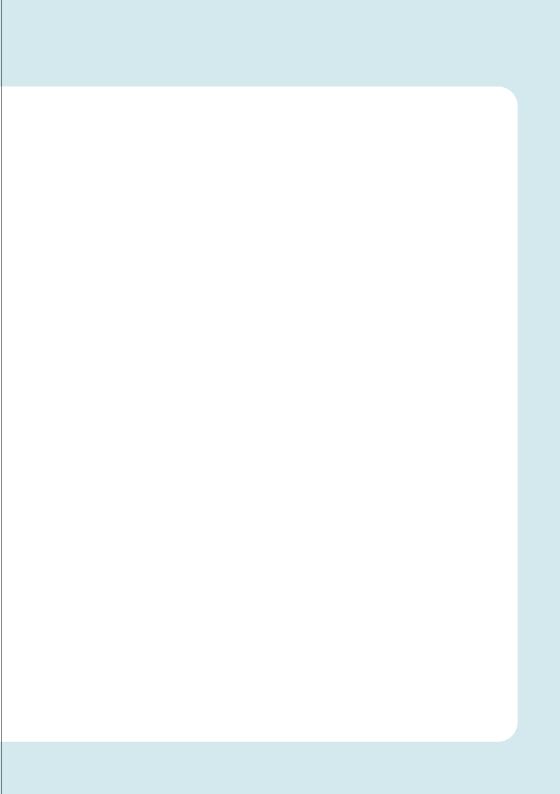




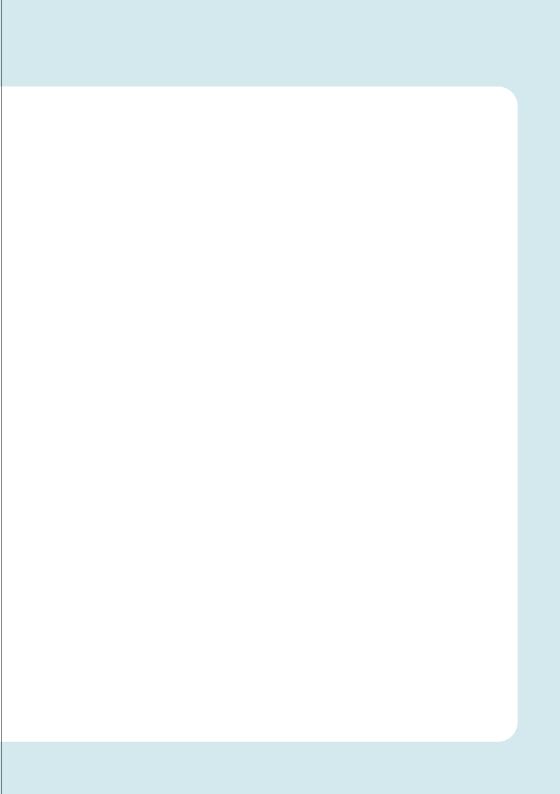












Attributions

This planner is a co-production by the Learning Mindset and LUC staff. The following people worked on the content and design (in alphabetical order): Caroline Archambault, Svea Braun, Daniela van der Brink, David Ehrhardt, Alina Mueller, Lenore Todd, and Charlotte Turksma. Its development was co-funded by Leiden University College and the Learning Mindset.

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